



SPIRITO CONTADINO
VALORE ALLA TERRA

SPECIFICATIONS

COD. N05 – FRIARIELLI DI CAMPO SURGELATI (DEEP-FROZEN FRIARIELLI OF FIELD)

Ingredients: Friarielli of field (*Brassica Rapa sylvestris* var. *esculenta*).

Product features: Product in tub divided into three layers.

Production cycle: After they're selected and rinsed, the vegetables are flashed-fried in boiling water. Afterwards deep-frozen and packed.

Cooking instructions: Put the frozen product in a cold pan with 20g of water, cover and cook over medium heat for 4 minutes, remove the lid and continue cooking for 3 minutes. The product has to be consumed after cooking. Cook frozen.

Storing: In a deep freezer frozen at -18°C. Maximum time of preservation: 24 months. Do not refreeze once thawed.

Packaging: In a cardboard box of oz 176,35 (5 kg) containing tubs of oz 44,09 (1,25 kg).

Unito of sale					Packaging						Pallet			Code Ean	
Type	widht (mm)	depht (mm)	height (mm)	gross weight (g)	Type	Number of units	widht (mm)	depht (mm)	height (mm)	Gross weight (Kg)	Pack for pallet	Pack for stratum	Stratum for pallet	Code Ean Bag	Code Ean Carton
POLYP ROPY LENE	160	260	73	1325	CAR TON	4	380	255	175	5.8	108	9	12	8032942130 417	8032942131 315

Organoleptic features :

Smell	Taste	Colour
Typical	Typical	Green

OGM: OGM free.



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Nutritional table, average values for 100g of product:

Parameters	Results	U.M.
Energy	29,7 / 123,3	Kcal/KJ
Fat	1,08	g/100 g
Of which mono- unsaturates	0,730	g/100 g
Of which polyunsaturates	0,222	g/100 g
Of which saturates	0,106	g/100 g
Total protein	2,34	g/100 g
Carbohydrate	4,10	g/100 g
Of which sugars	0,05	g/100 g
Fiber	2,89	g/100 g
Salt	0,10	g/100 g
Calcium	26,7	mg/100 g
Iron	0,42	mg/100 g
Potassium	166,5	mg/100 g
Vitamin A	< 1	µg/100 g
Vitamin C	15,97	mg/100 g

Allergens:

Foods Allergens	Absence	Presence
Cereals containing gluten and their derivatives	X	
Crustaceans and products thereof	X	
Eggs and products thereof	X	
Fish and products thereof	X	
Peanuts and products thereof	X	
Soia bean and products thereof	X	
Milk and products thereof (including lactose)	X	
Nuts and products thereof	X	
Celery and products thereof	X	
Mustard and products thereof	X	
Sesame seeds and products thereof	X	
Sulphur dioxide and sulphites	X	
Lupin and products thereof	X	
Molluscs and products thereof	X	

Notes: For what isn't explicitly provided, make reference to current legislation in topic.